

Training oncology physicians to advise their patients on complementary and integrative medicine: An implementation study for a manual-guided consultation

Eligibility		The KOKON-KTO consultation is suitable for cancer patients who: <ol style="list-style-type: none"> 1. Are in treatment with you, 2. Would like to talk about complementary and integrative medicine (CIM), and 3. Are interested in CIM in addition to their cancer treatment.
Section A	C: Context	General information on setting, influence of one's own attitude, communication techniques, and termination criteria
Section B	I: Inform	That the consultation will take around 20 minutes, and CIM is seen as a supportive and complementary treatment
	C*: Capture	Individualization of consultation possible + optional use of questionnaire to capture patients' previous CIM use
	P*: Prioritize	Joint decision-making and consideration of wishes
	A*: Advise	Exercise and relaxation (+ nutrition) as well as specific CIM recommendations adapted to context
	D*: Discuss	Advise, accept, or advise against CIM therapy
	C: Concretize advice	Summary: Implementation of CIM recommendations
Section C	M: Monitor	Documentation
Challenges		Information on how to deal with: <ul style="list-style-type: none"> • Explicit demands of specific CIM therapies • Fear of side effects • Patients mentioning many symptoms/therapies • Patients with a lot of CIM experience • Therapies with high interaction potentials • Advising against CIM therapies • Unfamiliar CIM therapies



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